

ABSOLUTE TENNIS

Coaching - Autumn Term 2020

Mon 7th September – Saturday 5 December

(Half term 26th Oct – 1 Nov (no lessons))

Our program provides coaching for children & adults of different standards. We provide group sessions and private coaching which are provided by our LTA qualified team of coaches.

Group Coaching

Level	Age (yrs)	Description
Mini Munchkins	3-4 Pre-school children	Fun movement, co-ordination, racket and ball skills for our youngest players.
Munchkins	4-5 Reception or younger	Fun movement, co-ordination, racket and ball skills. Initial hitting, rallying & scoring skills.
Red	6-8	Played on a smaller red ball court. There are three red levels: Red 3 (6&7yrs), Red 2 (7&8yrs) & Red 1 (Intermediate & Advanced 6-8yrs).
Orange	8-9	Played on a smaller orange court (3/4 length). There are two orange levels: Orange 2 (8-9yrs) & Orange 1 (Intermediate & Advanced 8-9yrs).
Green	9-11	Played on a regular sized court. There are two green levels: Green 2 (9-11yrs) & Green 1 (Intermediate & Advanced 9-10yrs).
Bronze	11-18	Junior players of improver/ intermediate standard. Players are split in to up to 3 groups based on age & standard.
Silver	11-18	Junior players of an intermediate standard.
Gold	11-18	Junior players of an advanced standard.
Adult Groups	All ages	Our group levels are: Adult Beginner (new to tennis), Adult Bronze (improving players), Adult Silver (intermediate players) & Adult Gold (advanced players)

Please note: Juniors & adults who are non-members may receive group coaching for a term. After this they will need to become members of Epsom Lawn Tennis Club to continue their coaching. This does not apply to Munchkin & Mini Munchkin players however players in Munchkin groups who move up to a Red group will need to become members as soon as they move up. Please note that all payments for coaching should be made to **Absolute Tennis Limited**. For membership, a membership application form will need to be completed and payment should be made to **Epsom Sports Club**. Please do not make one payment to cover both coaching and membership.

Private Coaching

	1 Person	2 People	3 People	4 People
Member	£32	£34	£39	£40
Non-Member	£35	£38	£45	£48

(Please note there is an additional cost of £4 an hour when floodlighting is needed)

Autumn Term 2020
Mon 7th September – Sat 5th December (12 weeks)

Day	Time	Level	Member Price	Non-Member Price
Mon	7.15-8.15pm	Adult Bronze	£108	£118
Mon	8.15-9.15pm	Adult Silver	£108	£118
Tues	9.30-11.00am	Adult Silver	£144	£154
Tues	11am-12pm	Adult Beginner	£108	£118
Tues	4.30-5.30pm	Bronze (1,2,3)	£108	£118
Tues	5.30-7.00pm	Silver & Gold	£144	£154
Wed	9.30-10.30am	Cardio Tennis (per session)	£8	£9
Wed	10.30-12pm	Adult Bronze	£144	£154
Wed	2.00-2.45pm	Mini Munchkins	£84	£84
Wed	3.45-4.30pm	Munchkins	£84	£84
Wed	4.30-5.30pm	Red 3, Red 2, Orange 2 & Green 2	£108	£118
Wed	5.30-7.00pm	Red 1, Orange 1, Green 1	£144	£154
Wed	7.15-8.15pm	Adult Bronze	£108	£118
Wed	8.15-9.15pm	Adult Silver	£108	£118
Thurs	3.45-4.30pm	Munchkins	£84	£84
Thurs	4.30-5.30pm	Bronze (1,2,3)	£108	£118
Thurs	5.30-7.00pm	Silver & Gold	£144	£154
Thurs	7.15-8.15pm	Adult Beginner	£108	£118
Thurs	8.15-9.15pm	Adult Gold	£108	£118
Fri	2.00-2.45pm	Mini Munchkins	£84	£84
Fri	3.45-4.30pm	Munchkins	£84	£84
Fri	4.30-5.30pm	Red 3, Red 2, Orange 2 & Green 2	£108	£118
Fri	5.30-7.00pm	Red 1, Orange 1, Green 1	£144	£154
Sat	9.15-10am	Munchkins	£84	£84
Sat	10.00-11.00am	Red 3 & Red 2	£108	£118
Sat	11.00-12.00pm	Orange 2 & Green 2	£108	£118
Sat	12.00-1.00pm	Adult Bronze & Silver	£108	£118

*All prices include VAT

Discounts

1. Families with 3 or more children receiving coaching will pay just ½ price for the 3rd/4th children (i.e. youngest ones). The discount will apply to only 1 lesson
2. Some players will be invited to attend a second session each week where there is space and this will be charged at half price.
3. Only 1 of the above discounts can be applied to each child.

Our preferred means of receiving payment is via on-line banking using the following details:

Absolute Tennis Limited: Lloyds Bank Acc. No: 51936068/ Sort Code: 30-94-77

Please quote player's name as reference when paying on-line.

Reply Slip

Please complete the form below if you / your child are starting coaching for the first time or if there is a change in details. Please bring this to the first session.

Tear Here-----Tear Here

Name: **Date of Birth:**/...../.....(Juniors only)

Email: **Mobile number:**

Medical conditions:

Parent's First Name: **Signature (parent/ adult player):**

By signing this form you, as either a parent or adult player, give permission for qualified first aiders to administer first aid or help with administering prescribed medication if required.

Day	Time	Level

For enquiries email: mike@absolutetennis.org.uk or call 07734 602063